

Solution-Focused Therapy

Brand: Heartbeat Academy
Product Code: 427

Price: \$9.95

Short Description

1 hr recorded webinar presented by Valerie Humes, Housing Specialist at Heartbeat International

Description

Solution-Focused Therapy is practical for every role in the housing ministry and is not exclusive to professionals! This webinar on Solution Focused Therapy will equip participants with practical strategies to apply SFT techniques in their daily interactions with residents. SFT focuses on empowering the resident to independently construct solutions to barriers of life. This approach does not require residents to relive or discuss their past experiences but instead allows them to address their present feelings and the future that lies ahead.

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