

Living Connected: Relational Wellness and Optimal Health*

Brand: Heartbeat Academy
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Short Description

Research, including the Harvard Human Flourishing data, shows that the pathway to health and happiness lies in addressing the root cause of entrenched social challenges - including things PHOs deal with every day. Learn to leverage unique partners in the implementation of this innovative strategy, reaching diverse groups of adolescents, changing the culture, increasing self-efficacy, and becoming sustainable in the process, all while embedding the message of positive relationships and social connectedness for optimal health and life success. Presented by: Joneen Mackenzie

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